



# Managing Your Child's Asthma

**Take the following steps to keep your child's asthma under control:**

- Make sure your child is taking their control medication on a regular basis (Flovent, Pulmicort, QVAR, Symbicort, etc.)
- Have your child answer the questions on the Asthma Control Test to better understand their control.
- Work with your child's doctor to have an action plan in place
- Schedule your child's asthma follow-up visit before leaving the doctor or clinic's office

**Talk to your child's provider about the importance of asthma care.**



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