



# Why It's Important to Get a Checkup Every Year

Kids grow up so fast. Because of this, it is important to watch out for their health and wellness each year. It is just as important to get regular checkups each year when your child feels well in addition to when they are sick. We call these checkups well visits.

There are a few benefits to yearly well visits:

- Build a Medical and Family History
- Prevent Injury and Illness
- Track Growth and Development
- Screenings for Potential Problems

**Talk to your doctor about the importance of a well child check and schedule one today!**



**NATIONWIDE  
CHILDREN'S**  
*When your child needs a hospital, everything matters.<sup>SM</sup>*

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