



My Style: _____

Discuss the following with your team:

1. What strengths of your style do you most display or value?
2. What liabilities within your style do you demonstrate most?
3. Which style do you want to become more effective with? What can you do?
4. Share a situation at work in which you needed to adjust your style in order to be more effective. What was the outcome?
5. How can knowledge of others' styles improve effectiveness?

Formal

- Disciplined
- Structured
- Logical
- Reserved
- Organized
- Precise
- Task-focused
- Shows less emotion

Informal

- Less disciplined
- More impulsive
- More intuitive
- More approachable
- Less organized
- Approximate
- Relationship-oriented
- Shows more emotion

Dominant

- Forceful
- Autocratic
- Takes charge
- Emphatic
- Direct
- Impatient
- Challenges
- States information

Easygoing

- Less forceful
- Flexible
- Less directive
- Thoughtful
- Indirect
- More patient
- Supportive
- Asks questions