

Column	Column2	Column
1	I feel comfortable working with my supervisor.	1
2	My supervisor welcomes my explanations about the clients' behaviour.	1
3	My supervisor makes the effort to understand me.	1
4	My supervisor encourages me to talk about my work with clients in ways that are comfortable for me.	1
5	My supervisor is tactful when commenting about my performance.	1
6	My supervisor encourages me to formulate my own interventions with the client.	1
7	My supervisor helps me talk freely in our sessions.	1
8	My supervisor stays in tune with me during supervisions.	1
9	I understand client behaviour and treatment technique similar to the way my supervisor does.	1
10	I would feel free to mention to my supervisor any troublesome feelings I might have about him/her.	1
11	My supervisor treats me like a colleague in our supervisory sessions.	1
12	In supervision, I am more curious than anxious when discussing difficulties with clients.	1
13	In supervision, my supervisor places a high priority on our understanding the clients' perspective.	1
14	My supervisor encourages me to take time to understand what the client is saying and doing.	1
15	My supervisor's style is to carefully and systematically consider the material I bring to supervision.	1
16	When correcting my errors with a client, my supervisor offers alternative ways of intervening with that client.	1
17	My supervisor helps me work within a specific treatment plan with my clients.	1
18	My supervisor helps me stay on track during our meetings.	1
19	I work with my supervisor on specific goals in the supervisory session.	1

**CLIENT-FOCUS** (mean\* = 5.85) 1.17

**RAPPORT** (mean\* = 5.44) 1

**OVERALL** 1

*Higher scores are indicative of alliances that are more effective.*

The subscales can also be combined (due to high correlation between scales) to give an overall score of the alliance from the supervisee's perspective. Higher scores on each of the subscales and overall are indicative of alliances that are most effective.

\* - Norms derived from Efstation and colleagues, 1990)