



# What's the Difference Between a Sports Physical and Well Check?

Sports physicals are required if your son or daughter plays sports.  
A well check will cover your child's requirement for a sports physical, and more.

## **WELL CHECK** (ALSO CALLED BACK-TO-SCHOOL EXAM)

- Provides a full head-to-toe checkup of your child and all health aspects:
  - Physical
  - Emotional
  - Developmental
  - Social
  - Immunizations (Shots)

## **SPORTS PHYSICAL**

- Typically only looks at your child's health risks for that sport
- May not cover everything that a well check does, including immunizations

**To keep your teen healthy, talk to their  
doctor and schedule a well check today!**

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*When your child needs a hospital, everything matters.*