

# why it's important to get a checkup every year



**Kids grow up so fast.** Because of this, it is important to watch out for their health and wellness each year. It is just as important to get regular checkups each year when your child feels well in addition to when they are sick. We call these checkups well visits.

Yearly well visits help your child:

- Stay up-to-date on immunizations (shots)
- Grow well and keep a healthy weight
- Avoid injuries and illnesses
- Feel comfortable seeing and talking to a doctor

**Talk to your child's doctor about the importance of a well child check and schedule one today!**



**dayton  
children's**