## what's the difference between a sports physical and well check?



Sports physicals are required if your son or daughter plays sports. A well check will cover your child's requirement for a sports physical, and more.

## well check

(also called back-to-school exam)

- Provides a full head-to-toe checkup of your child and all health aspects:
  - Physical
  - Emotional
  - Developmental
  - Social
  - Immunizations (shots)

## sports physical

- Typically only looks at your child's health risks for that sport
- May not cover everything that a well check does, including immunizations

