

Social Media Toolkit

August 2020

Safe Return to School, Immunizations, COVID-19 Updates

Facebook Posts

Returning to School – In Person

Is your child's school planning on returning to classes in person this fall? The CDC has a checklist for parents to consider as you prepare for the upcoming school year.

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/parent-checklist.html>

Many parents are facing difficult choices about how their child will return to school in the fall, like deciding between in-person and virtual learning. The CDC has a tool to help you weigh the risks and benefits of educational options.

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/decision-tool.html>

Is it safe to send your children to daycare during the COVID-19 pandemic? There are some things you should consider when deciding if you should send your children back to childcare settings.

<https://www.healthychildren.org/English/tips-tools/ask-the-pediatrician/Pages/Is-it-safe-to-send-my-child-to-child-care-during-COVID-19.aspx>

A big question parents have right now is how students can go back to school safely during COVID-19. The American Academy of Pediatrics says children learn best when they are in school. Returning to school in person needs careful steps in place to keep students and staff safe.

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Return-to-School-During-COVID-19.aspx>

The transition back to school comes with new challenges. Going “back to school” might mean attending in person, remote learning, or both. No matter the situation, there are tools and expert advice to help you make the best of going back to school during COVID.

<https://childmind.org/backtoschool/>

Returning to School – Online

Will your child be learning remotely this fall? The Ohio Department of Education offers resources for parents and caregivers as families prepare to begin the 2020-2021 school year.

<http://education.ohio.gov/Topics/Student-Supports/Coronavirus/Ohio%e2%80%99s-Remote-Learning-Resources/Parents-and-Caregivers>

Ohio public libraries can offer many resources to help with remote learning! Find audiobooks, talking picture books, digital magazines & reading resources, and more. Find a library near you.

<https://oplin.org/fal/>

INFOhio is Ohio's Pre K -12 digital library, with high-quality, digital learning content for Ohio's schools. All Ohio Pre K - 12 students, their parents and educators can access these resources.



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<https://www.infohio.org/parents>

Are you ready for your child to begin the school year with online classes? Find learning resources for Pre K through 12th grade on through WOSU.

<https://wosu.org/classroom/learningathome/>

The current school year will be an unusual one for everyone – but especially for students with asthma and allergies. As we move through COVID-19, it's important to know the facts.

<https://allergyasthmanetwork.org/health-a-z/covid-19/covid-19-school-resources-for-managing-asthma-and-allergies/>

STAPLES stores in Ohio are offering free printing of school packets for families that are unable to print school materials at home. Find a STAPLES locations near you.

<https://stores.staples.com/oh>

If you're the parent of a school-aged child, you've almost certainly become aware that the chance of your child's school closing for an extended amount of time is very real. Here are some strategies for making it through the COVID-19 pandemic with your kids learning remotely.

<https://www.upworthy.com/tips-for-parents-coronavirus>

Did you know that Ohio has 251 public library systems with 481 branch locations? Find a library near you!

<https://library.ohio.gov/using-the-library/find-an-ohio-library/>

Immunizations

**Please be aware that social media posts about immunizations may result in negative comments from parents/followers. If this happens, do not engage! If someone is using foul language in their comments, feel free to delete. You can also hide a comment. This means it is still visible to the person who wrote it but not to others.*

Back to school means making sure your child is getting all of the recommended vaccines! Is your child getting ready for Kindergarten? See what vaccines they should be getting this year. Call our office today to schedule your appointment.

<https://www.cdc.gov/vaccines/parents/by-age/years-4-6.html>

Back to school means making sure your child is getting all of the recommended vaccines! There are 4 vaccines that are recommended for your pre-teen. Call our office today to schedule your appointment.

<https://www.cdc.gov/vaccines/parents/by-age/years-11-12.html>

Back to school means making sure your teenager is getting all of their recommended vaccines! There are a few vaccines that your teenager should be getting. Call our office today to schedule your appointment.

<https://www.cdc.gov/vaccines/parents/by-age/years-13-18.html>



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COVID-19 Resources

CAP4Kids has resources for families as COVID-19 continues to impact our lives. Find resources for kids as they return to school, food and meal resources, employment/financial help, stress and coping resources and more.

<https://cap4kids.org/columbus/coronavirus/>

Stop the spread of germs that can make you and others sick!

https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread_poster.pdf

As the COVID-19 pandemic continues to impact our lives, it is important to support teens to appropriately cope with the stress they may be experiencing. The CDC offers some strategies to manage stress and anxiety.

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/stress-coping/young-adults.html>

The CDC recommends that Americans wear masks in public to slow the spread of COVID-19. The Ohio Department of Health offers some guidance on children and masks. Do not place face coverings on children under 2 years of age, use coverings that fit snugly, but comfortably and remind children not touch the mask while wearing it.

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/children-cloth-face-coverings>

Need internet access? BroadbandOhio has located public hotspot locations that Ohioans can use in areas where they may not otherwise have access to internet from home. Find a wifi hotspot near you.

<https://innovateohio.gov/wps/portal/gov/innovate/news/news-and-events/04042020>

Twitter Posts

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Parents and Caregivers: @CDCgov has a tool to help you weigh the risks and benefits of educational options.

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Is it safe to send your children to child care during the #COVID19 pandemic?

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