



2021 Partners for Kids and Nationwide Children's Community Partner Behavioral Health Training Offerings

Join us virtually the **second Friday morning of every month** for our Partners for Kids and Nationwide Children's Behavioral Health Training Series! Please view the calendar below for our full list of trainings. All registrations will take place through [CloudCME](#). Attached to this email, and [linked here](#), you will find instructions on how to create and set up a CloudCME profile.

Click the training title to be directed to the individual registration page in CloudCME. Currently, you are able to register for the January through June trainings. Registration closes the Friday prior to the training date. Registration links for the July through December trainings will be shared in April 2021.

Training Audience Key

General: Training topic and content is applicable to staff with a broad range of education and experience.

Supervision: Trainings for those in the process of earning their supervisor credential, providing trainee supervision, or otherwise supervising staff.

Foundation: Trainings for new hires, early career staff, and/or those new to the training focus.

Advanced: Trainings for more experienced staff who, when applicable, have completed the corresponding foundations course.

Friday January 8th 9:00am-12:15pm

Topic: [The Impact of Marijuana Use on Adolescents](#)

Presenters: Mary Fristad, Ph.D., ABPP and Natalie Powell, LPCC-S, LICDC-CS

Description: The first part of this training will provide clinicians with information on current trends in legalization of medical and recreational marijuana in the United States, explore the biology of cannabis use on the adolescent brain, and describe the risks and benefits of use. The



latter portion will describe clinical strategies and evidenced based interventions for addressing problematic cannabis use in adolescents.

Audience: **General** (3 CE's)

Friday February 12th 9:00am-12:15pm

Topic: **Ethical Considerations When Working with Domestic Violence Patients**

Presenters: Christy Lumpkins, LISW-S and Kara Penniman, LISW-S

Description: This training will allow clinicians to navigate several ethical dilemmas currently encountered when working with cases involving Domestic Violence. There will be a specific focus on scenarios related to mandatory reporting and the inclusion in treatment of the parent alleged to have used violence. The training will also focus on clinician beliefs and biases related to victimization across diverse cultures.

Audience: **General** (3 ethics CE's)

Friday March 12th 9:00am-12:15pm

Topic: **Behavior Management 2.0 Constructing and Implementing Token Economies**

Presenters: Benjamin Fields, Ph.D., Joseph Hatcher Ph.D., and Jennifer Munoz, Ph.D.

Description: This program provides clinicians with education on applying behavior management principles to the treatment of externalizing disorders. Program builds on content presented in Behavior Management Theory & Principles, including a deeper dive into implementation of interventions.

Audience: **Advanced** (3 CE's)

Friday April 9th 9:00am-12:15pm

Topic: **Evidence Based Treatment of “Moody Kids”**

Presenters: Mary Fristad, Ph.D., ABPP

Description: This advanced workshop is designed to teach the fundamentals of providing psychoeducational psychotherapy (PEP) to youth with depression and other mood disorders in an individual-family (IF-PEP) format. Training will follow the format of materials covered in PEP, beginning with key features of assessment, including differential diagnosis and comorbidity.



Audience: **Advanced** (3 CE's)

Friday May 14th 9:00am-12:15pm

Topic: **Treatment Strategies for Patients with High Functioning Autism Spectrum Disorder**

Presenters: Cara Inglis, Psy.D. and Karen Tabern, Psy.D.

Description: Clients with high functioning ASD can be successfully maintained in typical outpatient treatment settings when practitioners have the knowledge and confidence to do so. Many practitioners already have a great foundational knowledge of CBT, and with some adaptations to typical CBT can lead clients with ASD and their families to successful outcomes. This training will help practitioners to better understand ASD and adapt their current skills to meet the unique needs of children/adolescents with ASD. Learners will increase their comfort and skill with the “B” in CBT and will gain more knowledge of the different programs and services available to help support clients with this diagnosis.

Audience: **General** (3 CE's)

Friday June 11th 9:00am-12:15pm

Topic: **Setting up Successful Exposures for Treatment of Anxiety-related Disorders**

Presenters: TBD

Description: This advanced program takes a deeper dive into the Exposure module of CBT. Participants will learn how to create and utilize successful exposures in order to reduce symptoms related to Generalized Anxiety Disorder, Social Phobia, Separation Anxiety, and Obsessive-Compulsive Disorder.

Audience: **Advanced** (3 CE's)

Friday July 9th 9:00am-12:15pm

Topic: **Family-Based Interventions: Working with Complex Family Structures**

Presenters: Sapna Shetty, IMFT-S and Kryi Shaffer, IMFT

Description: This workshop will be an introduction to family systems, and the benefits and challenges in treatment. It will give an overview of engagement, assessment of family structures, and patterns. Clinicians will acquire techniques and interventions in working with families.



Audience: **General** (3 CE's)

Friday August 13th 9:00am-12:15pm

Topic: **Psychopharmacological Treatment of Psychiatric Disorders**

Presenters: Shelley Sheppard, MSN, APRN-CNP, and Ujjwal Ramtekkar, MD, MPE, MBA

Description: Mental health professionals must keep abreast of current treatment of children and adolescent psychiatric disorders and treatments. Understanding the symptomology and the psychopharmacological treatment associated with common disorders will assist in clinical staff supporting the patient and families as it relates to identifying safety issues, side effects and efficacy of treatment. The knowledge gained from the sessions is also intended to provide valuable information for clinical staff in providing supportive measures for treatment adherence.

Audience: **General** (3 CE's)

Friday September 10th 9:00am-12:15pm

Topic: **ADHD 1.0 Understanding the Diagnosis**

Presenters: Benjamin Fields, Ph.D., Michael Flores, Ph.D. and Kelly Wesolowski Psy.D.

Description: This educational program provides valuable tools to clinicians working with clients with ADHD and equips them with the most up to date evidence-based techniques to increase effectiveness with this population and the systems in which they experience challenges (school and home).

Audience: **Foundation** (3 CE's)

Friday October 8th 9:00am-12:15pm

Topic: **ADHD 2.0 Intro to Practical Application**

Presenters: Benjamin Fields, Ph.D., Michael Flores, Ph.D. and Kelly Wesolowski Psy.D.

Description: This advanced educational program provides valuable tools to clinicians working with clients with ADHD and equips them with the most up to date evidence-based techniques to increase effectiveness with this population and the systems in which they experience challenges (school and home).



Audience: **Advanced** (3 CE's)

Friday November 12th TBD

Topic: **Working with Medically Complex Children**

Presenters: Robert Dempster, Ph.D. and Natalie Truba Ph.D.

Description: TBD

Audience: **General** (3 CE's)

Friday December 10th 9:00am-12:15pm

Topic: **Let's Get Comfortable Working with Uncomfortable Conversations: Addressing Diversity, Challenging Bias, and Thinking Critically in Clinical Supervision**

Presenters: Allie DePoy, LISW-S and Caroline Murphy, Ph.D.

Description: As behavioral health professionals who are or will be supervisors, we have a unique opportunity to be effective change agents in combating discriminatory systems as we promote the safety and wellbeing of our patients, ourselves, our next generation of professionals, and our communities. A key supervision competency toward this goal is developing fluency in promoting awareness of privilege and implicit bias in ourselves and our supervisees. This training will focus on enhancing supervisors' strategies for continually building awareness of how privilege and bias impacts the relationship between supervisor and supervisee, as well as that between supervisee and patient.

Audience: **Supervision** (3 supervision CE's)