



## 2023 Partners for Kids and Nationwide Children's Community Behavioral Health Course Offerings

All registrations will take place through [CloudCME](#). Click the course title to be directed to the individual registration page in CloudCME. **Registration closes the Friday prior to the course date.** For trouble with registration, please email [Taylor.McCloud@nationwidechildrens.org](mailto:Taylor.McCloud@nationwidechildrens.org).

### Course Audience Key

**General:** Course topic and content is applicable to staff with a broad range of education and experience.

**Supervision:** Courses for those in the process of earning their supervisor credential, providing trainee supervision, or otherwise supervising staff.

**Foundation:** Courses for new hires, early career staff, and/or those new to the training focus.

**Advanced:** Courses for more experienced staff who, when applicable, have completed the corresponding foundations course.

### Friday January 13, 9:00-12:15pm

Topic: [Navigating Treatment with System Involved Youth and Caregivers](#)

Presenters: Lea Taylor, PhD

Description: Working with youth in the foster care or legal system can pose unique challenges when it comes to rapport building, engagement, navigating changes in caregivers/placement, etc. This presentation will provide practical strategies for navigating these challenges and establishing a partnership with youth and their caregivers to generate better outcomes.

Audience: **General** (3 CE's)

Registration Deadline: Friday January 6<sup>th</sup>.



**Friday February 10, 9:00-12:15pm**

**Topic: Distress Tolerance: Change and Acceptance**

**Presenters:** Caroline Hodgson, PhD

**Description:** Dysregulated teenagers are often in desperate need of change to interrupt cycles of self-destructive behaviors, including self-harm, substance abuse, and suicidal behavior. However, many of these same teenagers resist these interventions and struggle to tolerate feedback from caregivers hoping to promote this change. This presentation will incorporate lessons and principles from dialectical behavior therapy (DBT) to promote the fine balance between accepting and validating patients while facilitating necessary behavior changes. Participants will learn specific distress tolerance skills to support their patients in accepting stressors they cannot change and building their capacity to safely outlast negative emotional experiences. Participants will have opportunities to practice these skills through case vignettes and role play exercises.

**Audience:** **Advanced** (3 CE's)

**Registration Deadline:** Friday February 3<sup>rd</sup>.

**Friday March 10, 9:00-12:15pm**

**Topic: Emotional Dysregulation: States of Mind and Behavior Chain Analysis**

**Presenters:** Caroline Hodgson, PhD

**Description:** Some children and teens are faced with "big emotions" that feel unmanageable at times. This emotional dysregulation can often lead to maladaptive coping behaviors (e.g. self-harm) without effective skills. This presentation will introduce the concepts of Biosocial Theory and States of Mind. Presenters will further discuss Behavior Chain Analysis and how to incorporate into practice when working with this population.

**Audience:** **Advanced** (3 CE's)

**Registration Deadline:** Friday March 3<sup>rd</sup>.



**Friday April 14, 9:00-12:15pm**

**Topic:** [The Impact of Caregiver Trauma](#)

**Presenters:** Brittany Schaffner, M.Ed., IMFT-S, LPCC-S

**Description:** The experiences of one generation often influence and have impact on subsequent generations. This training will give an overview of the impact of trauma over the lifespan and how that impacts parenting/family. Participants will be introduced to tools for screening and strategies to help support the treatment process.

**Audience:** [General](#) (3 CE's)

**Registration Deadline:** Friday April 7<sup>th</sup>.

**Friday May 12, 9:00-12:15pm**

**Topic:** [Assessing Competence in Motivational Interviewing Practice for Supervisors](#)

**Presenters:** Allison DePoy, LISW-S

**Description:** Maybe you feel competent in your own Motivational Interviewing skills but are wondering how you can help your supervisees to increase their competence? This session will help clinical supervisors evaluate use of MI (Motivational Interviewing) in practice for their supervisees, facilitate the use of MI more effectively, and provide helpful guidance and feedback for increased fidelity to true practice of MI.

**Audience:** [Supervision](#) (3 Supervision CE's)

**Registration Deadline:** Friday May 5<sup>th</sup>.



**Friday June 9, 9:00-12:15pm**

**Topic: [Cultural Adaptation of Behavioral Health Assessment and Treatment](#)**

**Presenters:** Whitney Raglin Bignall, PhD, Ariana Hoet, PhD

**Description:** The purpose of this presentation is to discuss the rationale and real life application of cultural adaptations. Presenters will review real life examples in assessment, individual therapy, and group therapy. The talk will include time for questions and discussions, including self-reflection on previous cases and actionable changes for future patient care.

**Audience:** **General** (3 CE's)

**Registration Deadline:** Friday June 2<sup>nd</sup>.

**Friday July 14, 9:00-12:15pm**

**Topic:** TBD

**Presenters:** Coming soon

**Description:** Coming soon

**Audience:** (3 CE's)

**Registration Deadline:** Friday July 7<sup>th</sup>.

**Friday August 11, 9:00-12:15pm**

**Topic: [Integrating Motivational Interviewing into Safety Planning](#)**

**Presenters:** Allison DePoy, LISW, Olivia Gatta, MSE, LPCC-S, Kara Stevens, MSW, LISW S

**Description:** Coming soon

**Audience:** **General** (3 CE's)

**Registration Deadline:** Friday August 4<sup>th</sup>.

**Friday September 8, 9:00-12:15pm**

**Topic: [Assessment and Treatment of OCD Part I](#)**

**Presenters:** Beth Vickery, PhD, Lisa Sperle, PhD

**Description:** Coming soon

**Audience:** **General** (3 CE's)

**Registration Deadline:** Friday September 1<sup>st</sup>.



**Friday October 13, 9:00-12:15pm**

**Topic: Assessment and Treatment of OCD Part II**

Presenters: Beth Vickery, PhD, Lisa Sperle, PhD

Description: Coming soon

Audience: **Advanced** (3 CE's)

Registration Deadline: Friday October 6<sup>th</sup>.

**Friday November 10, 9:00-12:15pm**

**Topic: TBD**

Presenters: Coming soon

Description: Coming soon

Audience: (3 CE's)

Registration Deadline: Friday November 3<sup>th</sup>.

**Friday December 8, 9:00-12:15pm**

**Topic: Trauma Informed Care: From Assessment to Intervention**

Presenters: Brittany Schaffner, M.Ed., IMFT-S, LPCC-S

Description: Coming soon

Audience: (3 CE's)

Registration Deadline: Friday December 1<sup>st</sup>.