

2023 Partners for Kids and Nationwide Children's Community Behavioral Health Course Offerings

<p>January 13, 2023</p>	<p><u>Navigating Treatment with System Involved Youth and Caregivers</u></p> <ul style="list-style-type: none"> Working with youth in the foster care or legal system can pose unique challenges when it comes to rapport building, engagement, navigating changes in caregivers/placement, etc. This presentation will provide practical strategies for navigating these challenges and establishing a partnership with youth and their caregivers to generate better outcomes. 	<p>Lea Taylor, PhD</p>
<p>February 10, 2023</p>	<p><u>Distress Tolerance: Change and Acceptance</u></p> <ul style="list-style-type: none"> We all experience crises in our lives. Sometimes these crises are big like a divorce or a death of someone close. Other times, the crisis is small, like getting a bad grade or arguing with a friend. This presentation will review the use of DBT distress tolerance skills, such as TIPP or Radical Acceptance, to help patients get to a more manageable emotional place for crisis survival. 	<p>Caroline Hodgson, PhD</p>
<p>March 10, 2023</p>	<p><u>Emotional Dysregulation: States of Mind and Behavior Chain Analysis</u></p> <ul style="list-style-type: none"> Some children and teens are faced with “big emotions” that feel unmanageable at times. This emotional dysregulation can often lead to maladaptive coping behaviors (e.g. self-harm) without effective skills. This presentation will introduce the concepts of Biosocial Theory and States of Mind. Presenters will further discuss Behavior Chain Analysis and how to incorporate into practice when working with this population. 	<p>Caroline Hodgson, PhD</p>
<p>April 14, 2023</p>	<p><u>The Impact of Caregiver Trauma</u></p> <ul style="list-style-type: none"> The experiences of one generation often influence and have impact on subsequent generations. This training will give an overview of the impact of trauma over the lifespan and how that impacts parenting/family. Participants will be introduced to tools for screening and strategies to help support the treatment process. 	<p>Brittany Schaffner, M.Ed., IMFT-S, LPCC-S</p>
<p>May 12, 2023</p>	<p><u>Assessing Competence in Motivational Interviewing Practice for Supervisors</u></p> <ul style="list-style-type: none"> Maybe you feel competent in your own Motivational Interviewing skills but are wondering how you can help your supervisees to increase their competence? This session will help clinical supervisors evaluate use of MI (Motivational Interviewing) in practice for their supervisees, facilitate the use of MI more effectively, and provide helpful guidance and feedback for increased fidelity to true practice of MI. 	<p>Allison DePoy, LISW-S</p>
<p>June 9, 2023</p>	<p><u>Cultural Adaptation of Behavioral Health Assessment and Treatment</u></p> <ul style="list-style-type: none"> The purpose of this presentation is to discuss the rationale and real life application of cultural adaptations. Presenters will review real life examples in assessment, individual therapy, and group therapy. The talk will include time for questions and 	<p>Whitney Raglin Bignall, PhD , Ariana Hoet, PhD</p>

	discussions, including self-reflection on previous cases and actionable changes for future patient care.	
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Other offerings of 2023

- **Integrating Motivational Interviewing into Safety Planning**
- **Trauma Informed Care: From Assessment to Intervention**
- **Assessment and Treatment of OCD Part I**
- **Assessment and Treatment of OCD Part II**
- **Working with LGBTQ+ Youth**
- **Will This Ever Get Easier? Enhancing Feedback Literacy in Clinical Supervision**

<p style="text-align: center;">Key for training categories:</p> <p>General: Training topic and content is applicable to staff with a broad range of education and experience (<u>e.g.</u> ethics, cultural diversity, etc.).</p> <p>Supervision: Trainings for those in the process of earning their supervisor credential, providing trainee supervision, or otherwise supervising staff.</p> <p>Foundation: Trainings for new hires, early career staff, and/or those new to the training focus (<u>e.g.</u> CBT, MI).</p> <p>Advanced: Trainings for more experienced staff who, when applicable, have completed the corresponding foundations course (<u>e.g.</u> CBT 2.0).</p>
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